



2008 AAU Peach Days -- A Tribute to: Wayne Martinez & Family
Powerlifting, Single lift BP & Deadlift
Open & Raw Championships
AAU Sanction Number: _____

WHEN: **Saturday, September 13, 2008**
WHERE: Physiques Finest, 770 South 200 East, Brigham City, Utah

ELIGIBILITY: Open to all registered AAU competitors.
AAU cards are: \$37 for Adults. \$16 for Youth-Age(12-19)
Do Not Purchase AAU Cards until September 1st, 2008.
Cards may be purchased online at: www.aausports.org --
Cards may also be purchased at weigh-ins.
This is a qualifying meet for both 2008 AAU Worlds events.

WEIGHT CLASSES: (in kilos) --- 1 Kilo = 2.2046 lbs.)
Women: 40,44, 48, 52, 56, 60, 67.5, 75, 82.5,90, 90+
Men: 44,48,52,56,60,67.5,75,82.5,90,100,110,125,140,SHW

Divisions: Youth ages: 12-19, Teens, Juniors, Men & Women's Open, Sub-Masters, Masters, Law/Fire/Military, and Lifetime drug free.

Open (equipment) or Raw. You can lift in Open or RAW, Not both in the same competition.

LIFTS: Full Powerlifting: Squats, Bench Press, and Deadlift.
Single Lift Events: BP & Deadlift in the rounds system of Attempts.

RULES: AAU rules will apply: Youth lifters under the age of 19 may wear shorts & T-shirts. Youth lifter's shirts and shorts must be appropriate for lifting. All lifters above age 19 must lift in singlets, or appropriate AAU approved lifting gear.

WEIGH-INS Early weigh-ins offered Friday, Sept. 12th, from 4:00 p.m. – 7:00 p.m.
At the meet site: (Physiques Finest).
If you do not weigh in Friday, you must weigh-in prior to lifting on Saturday, between 10:30 a.m. – 12:00 noon.

LIFTING BEGINS: ***1:15 p.m., Saturday, September 13th.***
Rules briefing: 12:15 – 12:30 p.m.

AWARDS: Medals will be presented for 1st – 3rd in each Division/Weight Class.

[Awards for:](#) Best Lifter, Best Master Lifter, Best Teen Lifter, and Best Female Lifters will be based on Schwartz/Malone Formula for Full Power, Single Lift BP, and Single Lift Deadlift.

ENTRY FEES: Please mail all entries to:
David Edmondson
1472 N. Main
Willard, Utah 84340
Phone: (435) 734-9912 after 8 pm.
(435) 279-3653 Cell (best number to call)

You may lift in Full Power, BP Only, or Deadlift only or all three.
You can lift in multiple Divisions, if qualified.
You can only lift in Open, or Raw Division.

Entry Fees of \$40.00 per entry for a single event, which includes \$10.00 for drug testing, must accompany all entries:

Entry Fees of \$25.00 per entry for Ages 12- 19 for single events.

Entry Fees for those wishing to compete in multiple events and Multiple divisions are \$25 entry fee per event/division.

ENTRY DEADLINE: ***Entries must be postmarked no later than Sat., September 1st.***
Entries postmarked after Sept. 1st, will incur a \$25 late fee.

SPECTATORS: ***There will be a \$3.00 fee for spectators.***
Children under the age of 12 will be admitted at a charge of \$1.00.

NOTE: ***Parents must maintain control of their children at all times!***

Access to the weights and warm-up areas are restricted to lifters and coaches only!

